

## Seth's & Joan's 2025 Adventures

January found us in Idaho and Wyoming, visiting Joan's sister and making a winter expedition to Yellowstone. It was a great time to enjoy Old Faithful valley and to see buffalo, bobcat, coyote, ermine, & trumpeter swans by ski, snowshoe and coach.



We took to the streets often to protest terrible Trump policy decisions and corruption. Joan's quilt banners are quite popular. We marched in the Louisville CO Labor Day Parade, and our Indivisible contingent was voted best in show! We have been able



gather like-minded colleagues to be visible as a White Coats & Scrubs Brigade.

We helped the family sheltering with us figure out school, healthcare, daycare, housing and various legal issues. By September they were ready to move into their own



to

us

quarters and live more independently. We are updating the guest house which will soon be ready for your visit!

Seth has wrapped up paid activities, and his CDC informatics project disappeared into the DOGE miasma. He presented on climate-health monitoring at the International Assoc. for Great Lakes Research in Milwaukee. Joan and Seth continue to snuggle infants and entertain children at Denver Health, and Joan supports her quilt guild as treasurer. We enjoy yoga and salsa too. We've further electrified by buying a plug-in hybrid car. Retirement doldrums are happily interrupted by our Stanford activist book club and on-line reunions with Friends School on Magnolia friends.



Our son Ben moved to the Investigations Team at the Wall Street Journal, and has a lovely talented partner, Francesca. Eva is working on her MFA in painting at



Virginia Commonwealth University. Her partner Danilo is fun, supportive and a great cook.

Tom and Seth backpacked in the Holy Cross Wilderness (menaced by marmots!) and Steph, Bob, Seth and friends enjoyed a fall trip up the Poudre Valley. We enjoyed watching bighorn sheep in rut this fall, as well as apex predators at the nearby Wild Animal Sanctuary, an excellent use for the sprawling plains!



We enjoyed our February drive to QuiltCon in Phoenix, and a September Santa Fe 70<sup>th</sup> birthday gathering



of Seth's grade-school gang, the Hacks.

In October Seth, who with kids and sister has obtained Slovak citizenship, toured the country and enjoyed a week of pet-sitting in Bratislava. He visited



his father's birthplace and conversed with the last remaining Jew in the town. Seth has been working to learn Slovak, with modest results.



Seth is starting to post some memories at [www.sethfoldy.com](http://www.sethfoldy.com), slowly and unsurely.

We wish all our friends and family love, health and renewed spirit in the new year and during these troubled times. Do visit! Seth & Joan [sethfoldy@icloud.com](mailto:sethfoldy@icloud.com) [jbedingh@me.com](mailto:jbedingh@me.com) 414-339-3865

